



# Finger Lakes DDRO

## FAMILY SUPPORT SERVICES PROGRAM DESCRIPTIONS

### ADVOCACY CENTER

**Tourettes Advocacy-** Tourette Advocacy and Support provides non-judgmental support, information, and advocacy to children (eligible and non-eligible) with Tourette syndrome, or other similar neurological disorders and their families. The Coordinator participates in school meetings and provides knowledgeable and current information regarding Tourette syndrome, other similar neurological disorders and positive effective interventions to parents and school personnel

**TIES-** Children and youth ages 8-21 with developmental disabilities are paired with a trained student volunteer to participate in recreational activities of their choice, including drumming circles

**IPAN-** IPAN provides a continuum of service to individuals with developmental disabilities and their families who need information, resources, support, education and advocacy. Information is provided through telephone calls, emails, outreach activities, the resource library, information packets, and the newsletter, The Bridge. Educational workshops, including the thirty-two hour lay advocacy series, are offered throughout the ten-county region.

**Family Reimbursement-** Individuals with developmental disabilities apply for reimbursement for goods and services they need.

**Pre-Self Determination-** We are serving families with children transitioning from school to the adult service world. We hold 5 evenings of training twice a year. The first four trainings consist of information about adult services. The last, (fifth) evening of class participants have the opportunity to meet community providers and ask questions.

### AIM INDEPENDENT LIVING CENTER

**Living Skills Training-** This program will give priority to youth ages 14-21 and will focus on social relationship development and recreational needs and will revolve around developing and improving independent living skills for greater individual independence in the home and community.

**Service Access-** This program will provide start-up service access which involves OPWDD eligibility, fielding questions, ensuring language barriers are identified and resolved through interpreters and language specific documents, providing, printed information in an accessible format, scheduling/attending appointments, assisting with document submission and document retention for enrollment, etc.

**Behavior Management-** This program will provide direct behavior management services, which will include a behavioral assessment, behavior management guidelines, and training to family members and significant caregivers. In addition, the agency will provide behavior management training to ARC staff who are working in the following programs, Special Sitters, Recreation, Hourly Respite, as well as training to parents/caregivers.

**Crisis Intervention-** This program will serve children and adults, who reside at home, are eligible for OPWDD services, are in need of crisis intervention services and reside in Livingston or Wyoming counties. Services will include a clinical assessment of the situation, development of an immediate course of action, development of a behavior management program, individualized training, and recommendations to individuals, caregivers and providers and linkage to additional services.

**Transportation-** This service will provide 8 individuals enrolled in Supported Employment Program transportation to and from their jobs.

**Service Access-** This program will provide a full time Outreach Coordinator that will assist individuals ages 3 and up and/or caregivers navigate through the OPWDD eligibility process and obtain linkage to services. They will be a resource to local school districts and other human service agencies in Livingston and Wyoming counties.

## ARC OF MONROE

**Family Reimbursement-** This is a funding of last resort for families in Monroe County with a resident family member who has a developmental disability. We assist families with increased expenses incurred by caring for someone with a disability.

**Special Sitters-** The special Sitters program trains potential respite care providers (who are 14 years old and older) in the area of developmental disabilities, American Heart Association, First Aid and CPR, communication skills, behavior management, and creative activities.

**Behavior Management Services-** The Arc of Monroe County will offer Behavior Management Services to individuals who are OPWDD eligible and receiving services through the Arc who are not receiving the needed services through the Article 16 Clinic due to a lack of funding.

## ARC OF ONTARIO COUNTY

**Communication and Social Skills Training-** The Communication and Social Skills program will serve the needs of a group of 7 young men, ages 15-23, and a separate group of 7 young women, ages 9-23 who have a diagnosis on the Autism Spectrum. The program will be provided in two twelve week sessions (spring and fall) during the calendar year and will be held when school is not in session. The participants will be preparing for transition from high school and for increased independence by identifying and mastering basic social and communication skills, such as eye contact, reading body language, and coping with anxiety. The ability to transfer the skills learned to other social situations, including the home setting, is a primary goal of the program.

**Crisis Intervention-** Program must comply with attached Contract Conditions/Guidelines (dated 2/14/04). We are serving persons of all ages who have a developmental disability and live in the community with their families. We hope to increase the family members' abilities to deal with individual behaviors which have escalated to a crisis situation by implementing recommendations made by the Crisis Team to reduce family stressors. Plans will be developed by a trained clinician on an individual basis and training in their use will be provided to families and other collaterals (teachers, sitters, etc.) as needed, with ongoing contact provided as well.

**Info and Referral-** OPWDD eligible and non-eligible consumers of all ages residing with their family in Seneca County will receive an ongoing variety of information regarding training opportunities, camps, recreation opportunities and services/referrals available to them.

**Behavior Management Coaching-** This program will allow families, school personnel, and program staff to utilize assistance to practice the skills expressed in the BMP and obtain immediate support and feedback. The coach will work with the clinician, family, and professionals as part of the team to ensure that plans are followed consistently and are suitable to all venues in order to maximize success. The coach will provide continued support if needed and will maintain contact with the clinician to ensure success and evaluate for discharge when appropriate.

**Sibling Support-** This program will serve ten siblings ages 7-15 of OPWDD eligible children. The five goals of the group are to provide siblings an opportunity to meet each other in a relaxed environment, give siblings a chance to discuss common joys and concerns about having a sibling with a disability, learn how to handle common situations siblings experience, learn about the implications of their disabled siblings disability, and help staff learn what the siblings need from parents and professionals to support them.

## **ARC OF STEUBEN COUNTY**

**Family Member Training-** Family Member Training services include: Skill development- (family training), Household management, financial management, self-care skills, personal health care and nutrition, parenting skills, home and community safety, socialization and leisure skills and self advocacy skills.

**Lending Library-** The Lending Library is housed at the IP Campus of the Arc of Steuben in Bath, NY. The purpose of the program is to increase access to resources and services. The library has information material about topics related to developmental disabilities, employment, specific disabilities, training programs and literature.

**Crisis Intervention-** Services will be provided to individuals in imminent need of supports to be maintained in their current environments. Services include: immediate response to a crisis situation, completion of a behavioral/situational assessment, development of a behavior management plan or a treatment plan to address specific issues, recommendations for long term services/supports, training for families and significant caregivers.

**Access to Employment-** The Access to Employment program will provide affordable and flexible transportation to enable an individual who is eligible for FSS to have transportation services linked to the person's employment program. The individuals eligible for this service are FSS eligible and are being served through Supported Employment.

**Autism Recreation-** This program will support children with Autism/ASD living at home with their families and residing in Chemung and Steuben counties to participate in community recreation activities with other students and friends from their community.

**Family Reimbursement-** Families in Steuben County who have a family member with a developmental disability living at home will benefit from reimbursement for goods and services related to their family members developmental disability not otherwise covered by other funding sources

## BADEN STREET SETTLEMENT HOUSE

**Family Reimbursement-** The Family Reimbursement program serves families throughout Monroe County who have a member of the family with a Developmental Disability.

## BOYS AND GIRLS CLUB OF ROCHESTER

**Family Reimbursement-** This program would be serving families in Monroe County who care for a family member with Developmental disabilities at home and meet OPWDD eligibility criteria. This funding will increase access to families to other supports and services in the community that can help improve the quality and stability of their family.

## CATHOLIC CHARITIES

**Family Recreation-** We will be serving persons with developmental disabilities who are living with a family member at home and have low income. Each participant's family may use up to \$300 per year. These community based recreational opportunities may include transportation cost if necessary. The recreational opportunities are provided based on individual requests from MSC's for eligible consumers.

**Transportation to low income families-** This program will assist low income families with transportation costs related to their ability to get to school events, medical appointments, benefit appointments, etc. Catholic Charities will contract directly with local transportation providers for services such as a one day bus pass, contract with taxi company or by direct payment to other alternative vendors. Each family will have an annual cap of \$180. Funds will be available on a first come, first serve basis for individuals with DD and their families.

**Service Access-Interpreting-** Provide funding for interpreter services to assist families with accessing needed supports and resources to help meet the needs of the disabled family member in a language and culture they understand.

## CENTER FOR DISABILITY RIGHTS

**Drop-In Recreation-** CDR provides a Drop-In Recreation Program for adults with DD within an inclusive environment. Based in the Edgerton Community Recreation Center at 41 Backus St., the program offers consumer-directed recreation that may take place on site or within the Rochester area. Skill development is provided through computer training, advocacy, swimming, educational learning tools, volunteer opportunities, and budgeting. Peer-led discussions groups, camping experiences, and advocacy travels are available. Programs in fitness, aquatics, art, and music are also provided.

## CHILD CARE COUNCIL

**Day Care Information and Referral-** Child Care Council, Inc. provides childcare referrals and consumer education to families caring for children with a developmental disability.

**Training-** Child Care Council, Inc. combines a series of classes for child care providers and single classes for families that will enhance the quality of care that is offered to young children with developmental disabilities.

9pm and on weekends 8:30am to 9pm and currently serves to foster community inclusion for individual and their families.

## DAZZLE SCHOOL OF VISUAL AND PERFORMING ARTS

**Behavior Management Services-** Dazzle's Behavioral Consultation Services (DBCS) will provide short-term (6-12 months) behavior support services to individuals with a developmental disability and their families. The service will focus on working with the individual and their family in a variety of areas such as managing behaviors, training and parenting skills, developing structured activities and schedules, environmental strategies, and modeling positive behavior approaches for parents.

## ECONOMIC OPPORTUNITY PROGRAM OF CHEMUNG COUNTY

**Family Reimbursement-** The E.O.P Family Reimbursement Program serves individuals with a developmental disability who are living with family members and assists families by reimbursing expenses in four categories: respite, recreation, transportation and goods/services (special adaptive equipment, medication, incontinence products, special clothing, special dietary needs and other supplies).

**Service Access-** The E.O.P. Service Access Program serves individuals with a developmental disability residing with their families in Chemung and Schuylar Counties. Service Access will serve as a conduit for consumers who are without a Service Coordinator, to be referred to agencies that can best benefit them. Service Access will assess consumer needs and help consumers investigate agencies suitable for their needs, assist with information and referral, help complete appropriate paperwork, monitor services, and provide follow-up with agencies upon acceptance into a program.

**Family Recreation-** The Economic Opportunity Program provides a recreation program for individuals with developmental disabilities living in Chemung county and who live with family members. The program focuses on opportunities for individuals and families to enjoy meaningful interaction with their community through social and recreational activities. These activities provide individuals opportunities to be in social situations that they can enjoy, supports activities that take them out into the community and reduces stress levels by being involved in an activity they enjoy.

## EPILEPSY-PRALID, INC.

**Family Reimbursement-** This program serves families who have a DD family member living at home with them. The frequency and hours of this service are as requested by the family up to \$500.00. The service is delivered in Monroe County. This service provides increased access to appropriate goods, services and/or activities that families identify as being of value.

**Stresspite-** This program serves families who have a DD family member up to the age of 21 living at home with them. The service being provided is respite and strengthening Families through caregiver relief/ support.

**Training-** This program serves individuals with DD, families who have a family member with DD, and community members. This program consist of two parts, the first Part is Epilepsy education training delivered to schools in a classroom setting, this is delivered as requested by the school. The second part is the Parent & Family Network, a support group for parents of children with epilepsy.

**Autism Diagnostic and Treatment Clinic-** Happiness House operates an Autism Diagnostic and Treatment Clinic. This program will provide assessments for families to determine a child's disability and to assist with linkage to services, including OMRDD.

### **FINGER LAKES PARENT NETWORK**

**Planned Group Recreation-** This program will provide 3-4 hour planned group recreation activity each month for 5-10 identified youth or 5 youth and up to 15 siblings. In addition, peer support, advocacy and education will be provided to the parents during the recreation activity.

### **IBERO AMERICAN ACTION LEAGUE**

**Family Reimbursement-** The Family Reimbursement Program serves families who have a family member with a developmental disability living in the home. The services are provided in an effort to increase options for persons with developmental disabilities and families to meet their needs through access to goods and services, as well as to decrease obstacles for families maintaining the individual with the developmental disability at home.

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**Gluten/Casein Free Diet-** This Family Reimbursement Program is designed solely to serve individuals and families with the cost of maintaining a Gluten Free/Casein Free (GF/CF) diet. This program would decrease the impact of the cost of these specialty foods on the family's budget.

**Hispanic Family Recreation-** The Recreation Program will serve unserved and underserved Latino's with a developmental disability, as well as those from other cultural backgrounds and their families. The program will provide recreational activities, including transportation to the activities

### **LIFESPAN**

**Senior Leisure Recreation-** Lifespan offers a recreational, social relationship, educational and inclusion activity for aging adults with Developmental Disabilities.

**Community Healthcare Coordination-** We will serve OPWDD eligible individuals who live with a family member and are 40 year of age or older. The Community Healthcare Coordinator will support the individual with DD and their family by ensuring easier access to healthcare services and educating them in managing their healthcare needs.

**Real Choices-** This program will serve individuals 40 years of age or older who are eligible for OPWDD services but are not linked to any services or OPWDD eligibility is pending. This service will provide a family a single point of entry into the service system. The staff will help families navigate what can be a complex and overwhelming service system as well as link and refer to time limited (6 months or less) short-term supports e.g. Respite services per eligibility.

### **LIFETIME ASSISTANCE, INC**

**Family Reimbursement-** The Lifetime Assistance, Inc. NY State Family Reimbursement Program provides supports for families caring at home for family members with developmental disabilities to delay inappropriate out-of-home placement and to preserve and enhance a families ability to provide in-home care to their family members with a developmental disability.

**Adult Recreation-** This program will provide respite through recreation for adults with developmental disabilities, including door to door transportation. This service will include opportunity for participation in activities at least two times per month.

### PEOPLE, INC.

**Intensive Behavior Training-** IBTC is a unique, hands-on, in-home support program that works with families of children and adults with developmental disabilities who have co-occurring intense behavioral issues that interfere with their daily function at home, school, and/or at day and respite programs.

**Afterschool Recreation-** Expansion to afterschool respite program by approximately 3 youths or young adults with DD that live at home with families. Program will serve individuals who need more than 1:3 staffing ratio (1:1 or 1:2 ratio) that require this intensive oversight.

**Social Skills Training-** The program will serve young adults age 16-24 with developmental disabilities that are transitioning out of school programs and who exhibit behaviors which put the family in stress. The Social Skills Enhancement program will address such areas as: understanding of developmental disabilities, social skills modeling, balancing power, descriptive commenting, teaching effective communication skills, teaching problem solving, modeling principle, ignoring behavior, coaching, conflict management, etc

**Parent Training-** The program will serve families who have a loved one with a developmental disability between the ages of 3-12 who exhibits disruptive behaviors. The families will acquire strategies to address and better manage the behavioral problems in their homes.

### SENECA WATERWAYS COUNCIL-BOYS SCOUTS OF AMERICA

**Troop 1- Pack 1-** We are serving young men with developmental disabilities in the 4-county area we serve (Seneca, Yates, Wayne, and Ontario counties). The boys meet once a week and have a scout meeting. They also go camping on an average of one weekend a month and attend a week-long summer camp. The boys are afforded the same opportunities that non disabled Scouts are offered and are mainstreamed in with said scouts through district and council events. The boys work at their own pace and are learning to be: trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent

### SKIP OF NY

**Family Member Training-** SKIP will serve people with developmental disabilities and significant medical needs. We serve people as they call by telephone and through training sessions. The telephone calls would be during our 9-5 hours or as the need arises in the community. The training sessions are scheduled to best meet the need of those requesting the services.

### STEPPING STONES LEARNING CENTER

**Behavioral Management Services-** A behavior specialist will provide a behavioral assessment and comprehensive behavior management services to school age children (0-21 years of age). Focus of the service will be on the child and the whole family. The behavior specialist will train staff, families, and community partners (day care, etc.) in the implementation of the behavior plan.

**THERAPEUTIC SUPPORTS:** To increase accessibility to therapeutic services for individuals with developmental disabilities and to decrease the likelihood of a youth cared for by Developmentally Disabled parents being placed out of his/her home, our consumers can meet weekly from 5:30pm-8:30pm with a TRI-Group Therapist. Consumers can participate in a Men's Only, Women's Only or Young Adults group in addition to Individual and Family Therapy.

## **UNIVERSITY OF ROCHESTER**

**Crisis Intervention (Monroe County)-** Individuals, families and significant caregivers who have a developmental disability will receive Crisis Intervention services to assist them in dealing with their child's behavior, which has escalated to a crisis situation and threatens the child's ability to be maintained in the community.

**Behavior Support through Parent Training (Monroe)-** The Behavior Support Through Parent training is an intensive, but time-limited program that will provide parents and or caregivers of children with moderate intensity behavior challenges with the skills and specific techniques to effect long-lasting behavior improvement in their child. This intervention will engage parents in individualized sessions with a behavior therapist who will teach families basic behavioral principles and techniques, strategies to teach skills and increase desired behaviors, and ways to prevent or eliminate undesired behaviors.

**Specialty Diagnostic Service (Che, Liv, Sch, Ste, Wyo)-** Specialty Diagnostic Services will be provided by Strong Center for Developmental Disabilities in office space provided by Southern Tier Pediatrics in Horseheads, New York. The service will be provided by a Developmental Pediatrician and will include diagnostic evaluation, ongoing medical monitoring, psychopharmacologic management, and consultation to the local primary care provider on primary care management of disability -related health and behavioral conditions. Services will be provided up to 16 hours/month (2 days) by the developmental pediatrician. A family resource specialist will provide advocacy, person-centered planning and assist with planning for the future.

**Disability Resource Center (Ont, Sen, Way, Yat)-** FL Disability Resource Center will collect, organize, and maintain electronic databases of community resources in designated counties of Region II/FLDDSO.

## **AUTISM UP (UNYFEAT)**

**Social Skills Education/Recreation-** UNYFEAT will offer an expanded and enhanced social skills summer education program with YMCA of Greater Rochester to meet the needs under "Inclusion Activities" and "Recreation". The program is open to children ages 3-16 with ASD that are toilet trained and who attend YMCA day camp alongside typically-developing children. The UNYFEAT camper will participate in every regular camp activity that is age appropriate including swimming; boating; archery; arts and crafts; nature; climbing tower and sports. This program will also immerse the participants in a social skills-based education, but the setting is recreational and the activities make it fun and a welcome.

**Service Access-** This program will support parents of individuals' ages birth-21 with Autism Spectrum Disorder and will provide a continuum of supports for parents from the time of their child's diagnosis through the aging process. AutismUp will guide parents in accessing necessary educational and medical services and parents will be assigned a peer mentor parents within the agency to bridge the gap in available social and recreational activities.